Pastry Cream

- 1. 4 cups of milk
- 2. 4 oz of sugar
- 3. 3 oz yolks
- 4. 4 oz whole egg
- 5. 2.5 oz cornstarch
- 6. 4 oz sugar
- 7. 2 oz butter
- 8. 1 T vanilla extract
- 1. In heavy saucepan (double broiler) dissolve sugar into milk and bring to a boil
- 2. Whip eggs together slowly in bowl, sift in cornstarch and sugar and whip until smooth
- 3. Slowly (steam) in eggs to hot milk on stove, stirring constantly until it comes to a boil and cook for at least 2 minutes (make sure you have water touching the bottom of pot)
- 4. Remove from heat when done and then add butter and vanilla
- 5. Put contents in shallow baking dish and cover with plastic wrap with the wrap touching the mixture
- 6. Chill

Whip Cream

- 1. 1 cup chilled cream
- 2. 1 T sugar
- 3. Pinch of salt
- 4. ¹/₄ cup of Greek Yogurt

Whisk cream, sugar, and salt until soft peaks, add in yogurt, whisk until peaks desired